## **MBHS Sports Day Timetable 2023**

#### 8:50am - 9:00am - Roll Marking in Lesson 1 class

9:00am - 9:10am - Students in house area tents. Welcome to Country. National anthem.

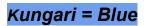
<u>100 metres</u>																
9:15am	9:17am 9		9:19am		:21am	9:23am	9:25am		9:27am		9:29am		9:31am		9:33am	
7 Girls 7 Boys		ys 8	8 Girls		Boys	9 Girls	9 Boys		10 Girls		10 Boys		Senior Girls		Senior Boys	
200 metres	<u>.</u>															
9:35am	9:37 <i>a</i>	9:37am 9:39ai		9:41am		9:43am	9:45am	ı	9:47am		9:49am		9:51am		9:53am	
7 Girls	7 Boj	ys 8	8 Girls		Boys	9 Girls	9 Boys		10 Girls		10 Boys		Senior Girls		Senior Boys	
Year Level Events																
Time	7 Girls	7 Boys	8 Girls	;	8 Boys	9 Girls	9 Boys	1	0 Girls	10			nior Senior irls Boys			
10:00am 10:20am	Shot Put	Discus	Triple Jump		Rest	High Jump	Long Jump	`	Volley ball	Ja	ivelin R		est Soco		r Tug	
10:25am 10:45am	Soccer	Shot Put	Discus	;	Triple Jump	Rest	High Jump		Long Jump		olley J ball		/elin	Rest	Obs	
10:50am 11:10pm	Rest	Soccer	Shot Pu	ut	Discus	Triple Jump	Rest		High Jump		U U		olley all	Javeli	n Spoke	
11:15am 11:35am	Javelin	Rest	Soccer		Shot Put	Discus	Triple Jump		Rest		ligh ump		ong Imp	Volley ball	Tug	
11:40am 12:00pm	Volley ball	Javelin	Rest		Soccer	Shot Put	Discus		Triple Jump	F			High Jump		Obs	
12:05pm 12:25pm	Long Jump	Volley ball	Javelir	ı	Rest	Soccer	Shot Put	Ľ	Discus		riple ump	Rest		High Jump	Spoke	
12:30pm 12:50pm	High Jump	Long Jump	Volley ball		Javelin	Rest	Soccer	SI	hot Put	D	iscus	Triple Jump		Rest	Tug	
12:55pm 1:15pm	Rest	High Jump	Long Jump		Volley ball	Javelin	Rest	S	Soccer	Sh	Shot Put		Discus		Obs	
1:20pm 1:40pm	Triple Jump	Rest	High Jump		Long Jump	Volley ball	Javelin		Rest	S	Soccer St		ot Put	Discu	S Spoke	
1:45pm - 2:05pm	Discus	Triple Jump	Rest		High Jump	Long Jump	Volleyball	J	lavelin	F	Rest	So	ccer	Shot Put	Staff vs Student	

#### <u>Relays</u>

2:15pm	2:20pm	2:20pm 2:25pm		2:30pm 2:35pm		2:40pm 2:45pm		2:55pm	3:00pm
7 Girls	7 Boys	8 Girls	8 Boys	9 Girls	9 Boys	10 Girls	10 Boys	Snr Girls	Snr Boys

<u>Special Event</u> 3:00pm Staff V Student Relay 3:00pm (if time permits) <u>Presentations</u> 3:05pm - 3:15pm

# Neighbourhoods



Wirakuthi = Red

Nori = Green



### Summary of Sports Day Events:

Track Events
100m
(Maximum of 4 competitors per neighbourhood)
200m
(Maximum of 2 competitors per neighbourhood)
Field Events & Sport Events
Shot Put
Discus
Triple Jump
Long Jump
High Jump
Javelin
(Maximum of 4 competitors from each neighbourhood per field event)
Sport Events:
Volleyball (in gym)
Soccer (oval)
Novelty
Tug of War
Spoke Relay
Obstacle Course
Relays
4 x 100m Relay
(Maximum of 4 competitors from each neighbourhood)
Other Track Events:
**400m, 800m & 1500m**
These events will be run prior to sports day.
A schedule for year level groups will be released by Week 5.